



East Africa Planetary Health Summer School- July 6 – 12, 2025 (Mwanza - Tanzania)

Day 1	S/N	Activity	Time (EAT, GMT+3)	Individuals Involved	Venue
July 6, 2025		Arrival in Mwanza			
July 7th, 2025	1	Registration Session & Lunch	12:00 pm to 1:30 pm	Janeth Peter (CUHAS)	Mwalimu Nyerere Learning Resource Centre CUHAS Level 5
	2	Welcome to Mwanza & Introduction (Mwanza Gallery)	1:30 pm to 1:50 pm	Janeth Peter & Dr. Elias Nyanza (CUHAS)	
	3	SOPHEA project	1:50 pm to 2:20 Pm	SOPHEA TEAM	
	4	Introduction to Planetary Health and One Health	2:20 pm to 2:50 pm	SOPHEA TEAM	
		Planetary Health Club Activities in Tanzania	2:20 pm to 2:50 pm	Gladness Xavier	
	5	Q&A Session	2:50 pm to 3:00 pm	Janeth Peter (CUHAS)	
	6	Coffee Break	3:00 pm to 3:20 pm	ALL	
	7	Planetary Health toolbox	3:20 pm to 3:50 pm	SOPHEA TEAM	
	8	Q&A Session	3:50 pm to 4:00 pm	Janeth Peter (CUHAS)	
	9	Closing Remarks	4:00 pm	SOPHEA TEAM	



Day 2	S/N	Activity	Time (EAT, GMT+3)	Individuals Involved	Venue
July 8 th , 2025		Registration Session	09:00 am to 09:30 am	Janeth Peter (CUHAS)	Mwalimu Nyerere Learning Resource Centre, CUHAS Level 5
		Excursion: <i>Plastics and Microplastics Challenge to East Africa</i>	0930 am to 12:00 pm	SOPHEA TEAM & MCC Health Officers	Mwanza City Council Tour Mwanza City
		Lunch	12:00 pm to 1:30 pm	Janeth Peter (CUHAS)	Mwalimu Nyerere Learning Resource Centre, CUHAS Level 5
		Reflection from the <i>Plastics and Microplastics Challenge Excursion</i> (Q&A session)	1:30 pm to 1:50 pm	SOPHEA TEAM	
		Educating for Impact: Mainstreaming Planetary Health in Entrepreneurial Leadership Education (ALU)	1:50 pm to 2:10 pm	Dr. Chioma Joy Okonkwo Africa Leadership University, Rwanda	
		Q&A Session	2:10 pm to 2:20 pm	Janeth Peter (CUHAS)	
		Coffee Break	2:20 pm to 2:40 pm	ALL participants	
		Climate Fresk Adaptation - 1	2:40 pm to 3:40 pm	SOPHEA TEAM	All Participants
		Closing remarks & Logistics	3:40 pm to 4:00 pm	SOPHEA TEAM	

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Day 3	S/N	Activity	Time (EAT, GMT+3)	Individuals Involved	Venue
July 9th, 2025	1	Registration Session & Lunch	12:00 pm to 1:30 pm	Janeth Peter (CUHAS)	Mwalimu Nyerere Learning Resource Centre, CUHAS Level 5
		Lessons Learnt from Day 2	1:30 pm to 1:50 pm	Janeth Peter (CUHAS)	
		Embedding Planetary Health Principles in Antimicrobial Resistance Mitigation Strategies	1:50 pm to 2:10 pm	Dr. Asha Ripanda , Lecturer, University of Dodoma. Engineer and Innovator of Jamun seed biochar as a sustainable approach for ecological protection in removing antibiotics.	
		The use of Eco-friendly reusable pads in ending period poverty: Green Menstruation for a healthier Planet	2:10 pm to 2:30 pm	Dr. Idda Mihindi Medical Doctor, Mandela Washington Fellow 2024 & Champion on Public Health Menstrual health	
		Q&A Session	2:30 pm to 2:40 pm		
		Coffee Break	2:40 pm to 3:00 pm		
		<i>Participants Project – Planetary Health Need Assessment - 1</i>	3:00 pm to 3:30 pm	SOPHEA TEAM	
		Climate Fresk Adaptation - 2	3:30 pm to 4:30 pm	SOPHEA TEAM	All Participants
		Closing remarks & Logistics	4:30 pm		



Day 4	S/N	Activity	Time (EAT, GMT+3)	Individuals Involved	Venue
July 10th, 2025	1	Registration Session & Lunch	12:00 pm to 1:30 pm	Janeth Peter (CUHAS)	Mwalimu Nyerere Learning Resource Centre, CUHAS Level 5
		Market-driven innovation for Sustainable Planetary Health Actions: Resilience, Innovation, Transformation, and Community Empowerment.	1:30 pm to 1:50 pm	Dr. Shamsa Kileo, CEO & Founder of IMARA Care, Dar es Salaam, Tanzania.	
		Planetary Health: Extractive Industry and Human Health	1:50 pm to 2:10 pm	Dr. Naziel Eliakimu EMS - Environmental Management Systems & ESIA Expert	
		Q&A Session	2:10 pm to 2:30 pm	Janeth Peter (CUHAS)	
		Coffee Break	2:30 pm to 2:40 pm		
		Participants Project – Planetary Health Need Assessment - 2	2:40 pm to 3:00 pm	SOPHEA TEAM	
		Q&A Session	3:00 pm to 4:00 pm	Janeth Peter (CUHAS)	
		Closing remarks & Logistics	4:00 pm to 5:00 pm	SOPHEA TEAM	

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Day 5	S/N	Activity	Time (EAT, GMT+3)	Individuals Involved	Venue
July 11, 2025		Registration Session	08:30 am to 09:00 am	Janeth Peter (CUHAS)	Mwalimu Nyerere Learning Resource Centre, CUHAS Level 5
		Excursion: <i>Lake Victoria Planetary Health Challenges and Initiatives to Protect Human Health</i>	09:00 am to 12:00 pm	Janeth Peter (CUHAS) & MCC Health Officers	Mwanza Tour Guide and Mwanza Urban Water and Sewage Authority ROCK BEACH & MWAUWASA
		Lunch	12:00 pm to 1:30 pm	Janeth Peter (CUHAS)	Mwalimu Nyerere Learning Resource Centre, CUHAS Level 5
		Reflection from the <i>Lake Victoria Planetary Health Challenges and Initiatives to Protect Human Health Excursion (Q&A session)</i>	1:30 pm to 1:50 pm	Janeth Peter & Dr. Elias (CUHAS)	
		Participants Project – Planetary Health Need Assessment – FINAL	1:50 pm to 2:30 pm	SOPHEA TEAM	
		Coffee Break	2:30 pm to 2:50 pm	ALL participants	
		Closing remarks & Logistics	2:50 pm to 4:00 pm	Dr. Nyanza (CUHAS)	
		<i>Dinner & Get Together</i>			All Participants



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Day 6	S/N	Activity	Time (EAT, GMT+3)	Individuals Involved	Venue
July 12, 2025		Participants Departure	08:30 am to 09:00 am	Janeth Peter (CUHAS)	Mwalimu Nyerere Learning Resource Centre, CUHAS Level 5